

## **MAHILA SAMMELAN- cum- HEALTH CHECK UP CAMP**

On the eve of ICAR foundation week celebration, “Krishi Vigyan Kendra, Navsari Agricultural University, Navsari” organized one day camp for women’s farmers of Navsari district. Lions club women’s wing- Navsari facilitated Blood sugar level check up (FBS & PBS) and awareness about diabetes mellitus.

About 150 farmers from six different villages of Navsari district were participated and took the advantage of sammelan. Dignitaries present in the function was Hon’ble Vice Chancellor, Dr. C. J. Dangaria, NAU, Navsari, Dr. C. K. Timbadia, Programme Co-ordinator, KVK, Navsari, Smt. Rajshreeben, President, Lion’s club women’s wing- Navsari, Dr. Rajashreeben, Head, Leprosy department Civil hospital, Navsari and Smt. Chetana Birla, social activist, Navsari were present and graced the function.

Welcome speech was given by Dr. C. K. Timbadia, Programme Co-ordinator, KVK, Navsari thrown the light on empowering activities conducting for women’s in KVK, Navsari. Later on he said “For developing and publicize the kitchen garden, KVK, Navsari is distributing free kitchen garden kits for interested farmers especially women farmers with help of Ramkrishna charitable trust- Surat” With kind heart and help of Shri. Govindbhai Dholakiya trustee Ramkrishna charitable trust we have distributed about 1600 kits in the district”.

Inaugural session was started by means of lighting done by Hon’ble Vice Chancellor, Dr. C. J. Dangaria, NAU, Navsari. Said “Women’s play a dual role in home as well as in field. Therefore for them economic – nutritional kitchen garden is helpfull and plays a major role in production of residue free vegetables and fruits”. Afterwards he said “there are different kinds of kitchen garden viz., terrace garden and backyard gardening not only women’s in rural area but also the women’s in city also involve and help themselves”.

Smt. Rajashreeben, president Lion’s club women’s wing- Navsari said “ Club is meant for the beneficial for all the class of women’s in the society, we are always in forefront to do good for the benefit of the people”.

Smt. Chetanaben Birla social activist, Navsari inspired and motivated women’s during her words. She expressed women’s role in home and society and their priority towards healthiness and fitness.

Dr. Rajashreeben Head, Leprosy, Department, Civil Hospital delivered a lecture on identification of disease and their preventive and curative measures.

Dr. B. M. Tandel, Subject Matter Specialist (Horticulture) Delivered lecture on “Nutritional backyard kitchen gardening”

Smt. Ritaben Patel, Training assistance, KVK, Navsari Delivered lecture on “Kitchen garden- a healthy diet”

Function was concluded by vote of thanks given by Dr. B. M. Tandel Subject Matter Specialist (Horticulture)

